

CLAIMS

What is claimed is:

*SUB
REC'D*

1 1. A system for communicating information to an individual,
2 comprising:
3 a) remote interface configured for specifying information
4 to be communicated to the individual;
5 b) a server connected to said remote interface, said
6 server including script program generating configured
7 for generating a script program, said script program
8 for communicating the information to be communicated
9 to the individual; and
10 c) a remotely programmable apparatus networked to said
11 server via a communication network, said remotely
12 programmable apparatus including:
13 i) communication device for receiving said script
14 program from said server;
15 ii) memory device for storing said script program;
16 iii) user interface configured for conveying the
17 information to be communicated to the individual,
18 and for receiving input from the individual; and
19 iv) processor device for executing said script
20 program, said processor device connected to said
21 communication device, to said user interface, and
22 to said memory device.

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1 2. The system of claim 1, wherein said communications device
2 comprises a modem.

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1 2 3. The system of claim 1, further comprising at least one
3 monitoring device in communication with said remotely
4 programmable apparatus, said at least one monitoring
5 device for providing at least one measurement of a
 physiological parameter of the individual.

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1 4. The system of claim 3, wherein said measurement is
2 transmitted to said remote interface device via said
3 server.

1 5. The system of claim 3, wherein said at least one
2 monitoring device is connected to said remotely
3 programmable apparatus via a cable.

1 6. The system of claim 3, wherein said at least one
2 monitoring device is selected from the group consisting
3 of a blood glucose meter, a respiratory flow meter, a
4 blood pressure cuff, an electronic weight scale, and a
5 pulse rate monitor.

1 7. The system of claim 1, wherein the information to be
2 communicated is customized to the individual.

1 8. The system of claim 1, wherein the information to be
2 communicated is a message.

1 9. The system of claim 1, wherein the information to be
2 communicated is a set of queries to be answered by the
3 individual.

1 10. The system of claim 1, wherein said remotely programmable
2 apparatus comprises at least one monitoring device jack
3 for operably linking at least one monitoring device to
4 said remotely programmable apparatus.

1 11. The system of claim 1, wherein said remotely programmable
2 apparatus is located at the residence of an individual to
3 be monitored, and said remote interface is located at a
4 location remote from the residence of the individual to
5 be monitored.

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